



AUTUMN/WINTER MENU 2024-2025



WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C
Snack	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
Lunch	Jacket potato with cheese and baked beans Allergens: M	Tuna pasta bake Allergens: G, C, S, W, M	Sweet and sour chicken with peppers and onions serve with pasta Allergens: C, M	Vegetable korma made with chickpeas and spinach, served with rice Allergens: C	Fish fingers and chunky potatoes served with rainbow vegetables Allergens: V, M, F, G
Dessert	Fruit platter	Natural yoghurt Allergens: M	Fruitcake Allergens: W, G	Sugar free Jelly Allergens:	Fruit salad
Snack	Cheese and cucumber sticks Allergens: M, G	Breadsticks Allergens: W, G	Digestive biscuits Allergens: G, W	Rice cakes and cream cheese Allergens: M, W	Vegetable sticks
Tea	Bagels and cream cheese Allergens: W, M Cauliflower and courgette (6 – 12 months)	Lentil & butternut squash soup with bread Allergens: C, W, S, G Same as above (6 – 12 months)	Beans on toast Allergens: W, S, G Potato and baked beans (6 – 12 months)	Cheese omelette with cucumber sticks Allergens: F, M, E Carrots and cauliflower (6 – 12 months)	Tricolore pasta with tomato sauce and garden peas Allergens: W, C, M Same as above (6 – 12 months)



ALLERGENS

