



# WINTER MENU 2024-2025

## WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereals or toast Served with milk or water  Allergens: M, C	Cereals or toast Served with milk or water  Allergens: M, C	Cereals or toast Served with milk or water  Allergens: M, C	Cereals or toast Served with milk or water  Allergens: M, C	Cereals or toast Served with milk or water  Allergens: M, C
<b>Snack</b>	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
<b>Lunch</b>	Vegetable pasta with grated cheese  Allergens: G, C, W	Butter nut squash soup with garlic bread  Allergens: M, E, C, W, G	Chicken biryani with rice and steamed carrots  Allergens: F, C	Spaghetti Neapolitan with cheese and vegetables  Allergens: M, E, G, W	Fish fingers, mashed potato and baked beans  Allergens: G, F, W
<b>Dessert</b>	Fruit yoghurt  Allergens: M	Stewed winter fruits with custard Allergens: M	Fruit salad  Allergens:	Sugar free apple crumble and custard Allergens: M, G	Honey banana with cream Allergens: M
<b>Snack</b>	Crackers & cream cheese  Allergens: W, G, M	Cheese sticks and cucumber Allergens: M	Rice cakes  Allergens:	Breadsticks  Allergens: W, G	Carrot and cucumber sticks
<b>Tea</b>	Tuna and sweetcorn sandwiches Allergens: W, F, G Tuna, sweetcorn and peas (6 – 12 months) Allergens: F	Fluffy scrambled eggs with peppers on toast Allergens: W, E, G  Courgette and tomatoes (6 – 12 months)	Mixed bean chilli with pitta bread fingers Allergens: W, G, C  Potato and mixed beans (6 – 12 months)	Crumpets served with cheese spread and tomatoes Allergens: M, W, S Peas and butternut squash (6 – 12 months)	Leek & potato soup with brown bread Allergens: C, W, G Same as above (6 – 12 months)



**ALLERGENS**