



AUTUMN/WINTER MENU 2024-2025



WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C	Cereals or toast served with milk or water Allergens: M, C
Snack	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
Lunch	Cauliflower & chickpea masala with cous cous <i>Allergens: C, W, G</i>	Pasta bolognese with garlic bread <i>Allergens: M, W, C, G</i>	Vegetable ratatouille with rice <i>Allergens:</i>	Fish pie served with steamed vegetables <i>Allergens: F, M, C</i>	Vegetable egg fried rice <i>Allergens: E, S</i>
Dessert	Sugar free jelly <i>Allergens:</i>	Sugar free orange sponge cake <i>Allergens: W, G, E</i>	Banana with custard <i>Allergens: M</i>	Sugar free rice pudding and raspberry compote <i>Allergens: M</i>	Sugar free angel delight <i>Allergens: M</i>
Snack	Digestive biscuits <i>Allergens: W, G</i>	Pitta bread and houmous <i>Allergens: W, G</i>	Cucumber and raisins	Breadsticks <i>Allergens: W, G</i>	Cucumber and carrot sticks and houmous <i>Allergens:</i>
Tea	Mixed bean chilli with tortilla chips <i>Allergens: W, G</i> <i>Mixed beans and sweet potato (6 – 12 months)</i>	Homemade leek and potato Soup <i>Allergens: G, C, W</i> <i>Same as above (6 – 12 months)</i>	Vegetable noodles <i>Allergens: G, W, S</i> <i>Potato and peas (6 – 12 months)</i>	Chapati pizza <i>Allergens: W, M, G</i> <i>Vegetable soup (6 – 12 months)</i>	Mac & cheese with sweetcorn <i>Allergens: M, W, G, C</i> <i>Same as above (6 – 12 months)</i>



ALLERGENS

