AUTUMN/WINTER MENU 2023-2024

A logo with colorful stars

Description automatically generated



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| --- | --- | --- | --- | --- | --- |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Breakfast** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** |
| **Snack** | **PINEAPPLE SLICES** | **STRAWBERRIES** | **BANANA SLICES** | **ORANGES WEDGES** | **HONEYDEW MELON** |
| **Lunch** | **Tuna & pasta bake**  Allergens: **Wheat, Fish** | **Jollof rice, roast chicken & Coleslaw**  Allergens: Egg | **Creamy spaghetti green peas & cod fish**  Allergens**: Fish, Milk** | **Shepherd’s pie, mixed vegetables & cucumber salad**  Allergens: **Wheat, Milk, Egg** | **Roast potatoes, meat loaf and green peas**  Allergens: **Wheat, Milk, Egg** |
| **Dessert** | **Strawberry Semolina**  Allergens: **Milk, Wheat** | **Banana Custard**  Allergens: **Wheat, Milk** | **Peach Cobbler & Ice cream**  Allergens**: Milk, Wheat** | **Fruit Jelly**  Allergens: N/A | **Natural Yogurts**  Allergens: **Milk** |
| **Snack** | **CHEESE AND CUCUMBER STICKS**  Allergens: **Milk** | **BREADSTICKS WITH CHEESE DIP** | **HOMEMADE RAISINS & OAT COOKIES** | **RICE CAKES AND WITH STRAWBERRY JAM (SUGAR FREE)** | **ORANGE WEDGES** |
| **Tea** | **Tuna bagel melt**  Allergens: **Fish, Wheat, Milk** | **Egg Sandwiches**  Allergens: **Milk, Egg, Wheat** | **Crumpets with cheese**  Allergens: **Wheat, Milk** | **Beans on Toast**  Allergens: **Milk, Wheat, Soya** | **Homemade vegetables soup & bread**  Allergens: **Wheat, Soya** |

WEEK 4

A picture containing drawing

Description automatically generated

**ALLERGENS**