 AUTUMN/WINTER MENU 2023-2024





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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Breakfast** | **CEREALS OR WEETABIX****Served with: Milk or Water**Allergens: Milk, Wheat | **CEREALS OR TOAST****Served with: Milk or Water**Allergens: Milk, Wheat | **CEREALS OR WEETABIX****Served with: Milk or Water**Allergens: Milk, Wheat | **CEREALS OR TOAST****Served with: Milk or Water**Allergens: Milk, Wheat | **CEREALS OR WEETABIX****Served with: Milk or Water**Allergens: Milk, Wheat |
| **Snack** | **SELECTION OF FRUITS** | **STRAWBERRIES** | **CHEESE BATONS** | **SELECTION OF FRUITS** | **APPLE SLICES** |
| **Lunch** | **Vegetarian lasagne with carrots & garden peas**Allergens: Wheat, Milk | **Potato fish pie with steamed carrot**Allergens: Milk, **Fish** | **Vegetarian & chicken stir fry noodles.** Allergens: Soya, Wheat | **Vegetable curry with rice & broccoli**Allergens N/A | **Potato wedges, fish fingers & garden peas**Allergens: Fish, Wheat |
| **Dessert** | **Semolina**Allergens: Milk, Wheat | **Yogurt & peach slices**Allergens Milk | **Chocolate custard**Allergens: Milk | **Fruit crumble**Allergens**:** Wheat, Milk | **Orange sponge cake & custard**Allergens: Wheat, Egg, Milk |
| **Snack** | **Rice cakes and cream cheese**Allergens Milk | **Fruit Platter** | **Bread sticks with cheesed dip**Allergens: Milk, Wheat | **Apple slices & raisins**  | **Carrot & cucumber sticks** |
| **Tea** | **Mixed beans chilli with pitta fingers**Allergens**:** Wheat | **Butternut squash & lentil soup**Allergens: N/A | **Scrambled eggs on toast with roasted bell peppers**Allergens: Egg, Wheat | **Leek & potato soup with bread fingers**Allergens: Milk, Wheat | **Selection of sandwiches****Allergens:** Wheat, Milk, Egg |

 WEEK 1



**ALLERGENS**