AUTUMN/WINTER MENU 2023-2024





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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Breakfast** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR WEETABIX**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR WEETABIX**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** | **CEREALS OR TOAST**  **Served with: Milk or Water**  Allergens: **Milk, Wheat** |
| **Snack** | **SLICE APPLE** | **BANANA SLICES** | **VEGETABLE STICKS** | **PINEAPPLE SHAPES** | **ORANGE WEDGES** |
| **Lunch** | **Mac & cheese, broccoli & carrots**  Allergens: **Milk, Wheat** | **Chilli con carne with rice**  Allergens: N/A | **Fish curry with mash potato & steam carrots**  Allergens**: Fish, Egg, Milk** | **Chicken fricassee with rice & green peas**  Allergens**: Milk** | **Jacket potato, beans & cheese**  Allergens: **Fish, Wheat** |
| **Dessert** | **Angel Delight**  Allergens: **Milk** | **Fruit Platter**  Allergens: N/A | **Apple crumble & custard**  Allergens:  **Egg, Wheat, Milk** | **Rice pudding with Raspberry compote**  Allergens: **Milk, Egg** | **Orange sponge cake**  Allergens: **Milk, Wheat, Egg** |
| **Snack** | **Honey dew melon**  Allergens: N/A | **Banana**  Allergens: N/A | **Cucumber sticks & cream cheese.**  Allergens**: Soya, Wheat**  **Milk** | **Oranges**  Allergens: N/A | **Carrots sticks**  Allergens: N/A |
| **Tea** | **Squash & lentil soup with toast soldiers**  Allergens**: Wheat, Milk, Egg** | **Pitta pockets with grated cheddar & tomatoes**  Allergens:  Wheat, Milk | **Egg & sweetcorn sandwiches**  Allergens: **Egg, Milk, Wheat, Soya** | **Leek & potato soup bread & butter**  Allergens**: Wheat, Egg, Soya, Milk** | **Tuna Melts**  Allergens: **Milk, Wheat, Soya, fish** |

WEEK 2

A picture containing drawing

Description automatically generated

**ALLERGENS**