AUTUMN/WINTER MENU 2023-2024





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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Breakfast** | **CEREALS OR TOAST****Served with: Milk or Water**Allergens: **Milk, Wheat** | **CEREALS OR WEETABIX****Served with: Milk or Water**Allergens: **Milk, Wheat** | **CEREALS OR TOAST****Served with: Milk or Water**Allergens: **Milk, Wheat** | **CEREALS OR WEETABIX****Served with: Milk or Water**Allergens: **Milk, Wheat** | **CEREALS OR TOAST****Served with: Milk or Water**Allergens: **Milk, Wheat** |
| **Snack** | **SLICE APPLE** | **BANANA SLICES** | **VEGETABLE STICKS** | **PINEAPPLE SHAPES** | **ORANGE WEDGES** |
| **Lunch** | **Mac & cheese, broccoli & carrots**Allergens: **Milk, Wheat** | **Chilli con carne with rice**Allergens: N/A | **Fish curry with mash potato & steam carrots** Allergens**: Fish, Egg, Milk** | **Chicken fricassee with rice & green peas**Allergens**: Milk** | **Jacket potato, beans & cheese**Allergens: **Fish, Wheat** |
| **Dessert** | **Angel Delight**Allergens: **Milk** | **Fruit Platter**Allergens: N/A | **Apple crumble & custard**Allergens:**Egg, Wheat, Milk** | **Rice pudding with Raspberry compote**Allergens: **Milk, Egg** | **Orange sponge cake**Allergens: **Milk, Wheat, Egg** |
| **Snack** | **Honey dew melon**Allergens: N/A | **Banana**Allergens: N/A | **Cucumber sticks & cream cheese.**Allergens**: Soya, Wheat** **Milk** | **Oranges** Allergens: N/A | **Carrots sticks** Allergens: N/A |
| **Tea** | **Squash & lentil soup with toast soldiers** Allergens**: Wheat, Milk, Egg** | **Pitta pockets with grated cheddar & tomatoes**Allergens:Wheat, Milk  | **Egg & sweetcorn sandwiches**Allergens: **Egg, Milk, Wheat, Soya** | **Leek & potato soup bread & butter**Allergens**: Wheat, Egg, Soya, Milk** | **Tuna Melts**Allergens: **Milk, Wheat, Soya, fish** |

WEEK 2

 

**ALLERGENS**